

CARNIVAL SUCCESS



FOOD PREPARATION WITH TODDLERS



ELEMENTARY BUILDING APPROVAL



COMING UP IN APRIL



COMMUNITY NEWS



Carnival fun



LOOKING BACK

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Food Preparation with Toddlers

by Bella Reyes

The kitchen; A fine place to share in fond family moments, a place full of untapped possibilities! As the child grows from an infant to a toddler and beyond, they become more observant of the activities that go on around them in their environments. Maria Montessori called this 'Practical Life'. This can be anything from cleaning or dressing, to fixing things and participating in what goes on in the kitchen.



Food Preparation is not just an activity where children peel an



orange or slice a banana. It goes beyond that. It starts with refinement of gross and fine motor skills, develops into essentially good hygiene habits, and most important, gives children a role in the preparation of what they going to be eating. This role, as simple as it may seem, is the key to a good and balanced diet for your child. It also leads to grace and courtesy, sharing, nurturing self-confidence, opportunities to learn how foods are made and even

later on helping to plan out the menu for the week! All it takes is a little bit of extra time and patience. Every mess that might happen in the kitchen as they learn to assist is always an opportunity to learn how to pick up after themselves.



Allowing a child to assist in the preparation of their breakfast, lunch or dinner doesn't have to be huge to make a significant impact. It can simply be the task of grape stemming or mixing duty. Allow them to have a crack at some scrambled eggs or even to use child safety cutting and peeling tools. You've been trying to get your child to eat that mushy green goodness?



Let them toss it in a blender and help you press the button. By allowing the child to help and taking away the taboo of 'getting hurt' in the kitchen or 'they're too young,' you are able to start fresh and focus on making that time even more memorable "The things he sees and does are not just remembered. They form a part of his soul." – Maria Montessori

A note from the Head of our Parent Association....

I want to take a moment to THANK everyone who contributed to the Spring 2015 Carnival Fundraiser. What a huge success and super fun day!

The turnout for the event was amazing. Everyone I have spoken with about the event had a great time. Carnival food, games, hay ride and balloons — we had a bit of everything to ensure fun for everyone. I believe that parents had as much fun as the kids. I know I did! (but how can you not have fun when you are a clown?)

We could not have asked for better weather for FUN in the SUN. Just enough cloud cover to keep us cool and just enough sun to keep us warm. Most of us even received a little sunburn, too.

I cannot thank the committee heads and other helpers enough for all of their hard work and dedication to our fundraising project. Each of you played an important role in pulling off this event. Again, THANK YOU just does not seem to be adequate for all of your hard work, time and dedication.

To everyone that attended – WOW !!! Thank You for sharing a portion of your Sunday with us. Thank You for making the Spring 2015 Carnival Fundraiser a HUGE Success!

I look forward to many more fun events to share with our community of family and friends here at MHFC.

Best Regards and Happy Wishes,

Stacey Ripple Parent Association Head



Total Proceeds - \$3,115.00 (still waiting on some of the auction money to come in)

Total Expenses - (\$712.80)

Net Profit - \$2,402.20

COMING UP

Positive Discipline parenting seminar

Our next Positive Discipline parenting seminar will be held in May. Come learn some valuable parenting tools in a fun and supportive environment. The 12 hour seminar will be held over three Saturdays: the 2nd, 9th and 16th of May from 8 amnoon.

For more information and to register please contact Theresa O'Toole:

theresa@montessorihouseforchildren.com

• April 1st 6-7 pm Teach the parent

EC1 and EC3

• April 9th 9-10 am Parent Coffee

• April 9th 6-7 pm Book Club

• April 3rd School Closed

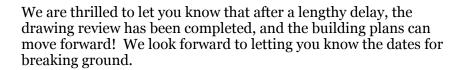
• April 16th 6-7 pm Parent Association

• April 20th "Books Alive" KVPAC

• April 22nd Earth Day

• April 24th Early Release

The plans for the Elementary Building have been approved!





A special thanks to our Parent Association, and to all of our volunteers.

Your contributions to the school are much appreciated!

Parent Readers

Library Parents, Garden Day Volunteers

Parent Coffee Volunteers

Class Volunteers

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