

Lunch orders must be placed through Lunch Direct by Wednesday for the following week.

NOVEMBER 2019

MONTESSORI HOUSE FOR CHILDREN

Lunches Provided By:
Roadrunner Foods
(p) 281-565-7902
(f) 281-565-7904
RoadrunnerFoodService.com

Monday

Tuesday

Wednesday

Thursday

Friday



4
Teriyaki Chicken Fried Rice w/ Mixed Veggies
Organic Crinkle Cut Carrots
Wheat Roll
Organic Seasonal Fresh Fruit
V: Teriyaki Fried Rice w/ Veggie "Chicken"

5
Penne Pasta w/ Beef Bolognese
Organic Sweet Peas
Garlic Bread
Organic Seasonal Fresh Fruit
V: Penne Pasta w/ Marinara

6
Oven Baked Chicken Tenders
Mashed Sweet Potatoes
Organic Green Beans
Organic Seasonal Fresh Fruit
V: Veggie Nuggets

7
Chicken & Cheese Quesadilla
Spanish Rice
Refried Beans
Organic Seasonal Fresh Fruit
V: Cheese Quesadilla

1
Oven Baked Cheese Pizza
Mixed Greens Salad w/ Ranch
Organic Seasonal Fresh Fruit

8
Oven Baked Cheese Pizza
Mixed Greens Salad w/ Ranch
Organic Seasonal Fresh Fruit

11
Buttermilk Waffles w/ Jelly
Oven Baked Chicken Tenders
Potatoes O'Brien
Organic Seasonal Fresh Fruit
V: Veggie Nuggets

12
Turkey and Cheese Hoagie
Italian Pasta Salad w/ Organic Diced Tomatoes, Celery, & Fresh Parmesan
Organic Seasonal Fresh Fruit
V: Sunbutter & Jelly Sandwich

13
Macaroni & Cheese w/ Grilled Chicken Breast
Organic Sweet Peas
Wheat Roll
Organic Seasonal Fresh Fruit
V: Macaroni & Cheese w/ Veggie "Chicken"

14
Beef Sloppy Joes
Veggie Baked Beans
Organic Oven Roasted Cauliflower
Organic Seasonal Fresh Fruit
V: Veggie "Meat" Sloppy Joe

15
Oven Baked Cheese Pizza
Mixed Greens Salad w/ Ranch
Organic Seasonal Fresh Fruit

18
Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken & Broccoli
Organic Oven Roasted Baby Carrots
Wheat Roll
Organic Seasonal Fresh Fruit
V: Bow Tie Pasta w/ Veggie "Chicken"

19
Parmesan Crusted Tilapia over Mashed Potatoes
Organic Sweet Peas
Organic Seasonal Fresh Fruit
V: Grilled Cheese

20
Ground Beef Soft Taco w/ Monterrey Jack Cheese
Spanish Rice
Refried Beans
Organic Seasonal Fresh Fruit
V: Bean & Cheese Roll-Ups

21
BBQ Baked Chicken Legs
Macaroni & Cheese
Organic Buttered Corn
Organic Seasonal Fresh Fruit
V: Cheesy Broccoli & Rice Casserole

22
Oven Baked Cheese Pizza
Mixed Greens Salad w/ Ranch
Organic Seasonal Fresh Fruit

25
Oven Baked Chicken Tenders
Potatoes Au Gratin
Organic Green Beans
Organic Seasonal Fresh Fruit
V: Veggie Nuggets

26
Beef Cheeseburger on a Whole Wheat Bun
French Fries
Organic Mixed Veggies
Organic Seasonal Fresh Fruit
V: Veggie Burger

27
Cheesy Broccoli & Rice Casserole w/ Chicken
Organic Sweet Peas
Wheat Roll
Organic Seasonal Fresh Fruit
V: Cheesy Broccoli & Rice Casserole

28

29

SIGN UP NOW TO ORDER SCHOOL LUNCHES!

WWW.LUNCHDIRECT.COM

SCHOOL CODE: **206250**

*****NEW ALTERNATIVE MENU*****

Each day your child will get a choice between two alternative entrées. Either **A: Grilled Cheese** or **B: Toasted Turkey & Cheese Sandwich**.

These alternative items will replace the entrée for the day; all sides will remain the same.