

Lunch orders must be placed through Lunch Direct by **Wednesday** for the following week.

# FEBRUARY 2020

## MONTESSORI HOUSE FOR CHILDREN

Lunches Provided By:  
 Roadrunner Foods  
 (p) 281-565-7902  
 (f) 281-565-7904  
 RoadrunnerFoodService.com

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

3

Chicken Parmesan w/ Fresh Mozzarella  
 Tri-Colored Rotini W/ Marinara Sauce  
 Organic Mixed Veggies  
 Organic Seasonal Fresh Fruit

V: Veggie "Chicken" Parmesan

4

Ground Beef Soft Taco  
 Spanish Rice  
 Refried Beans  
 Organic Seasonal Fresh Fruit

V: Bean & Cheese Roll Ups

5

Oven Baked Chicken Tenders  
 Macaroni & Cheese  
 Organic Green Beans  
 Organic Seasonal Fresh Fruit

V: Veggie Nuggets

6

Ground Beef Sloppy Joes  
 Sweet Potato Fries  
 Organic Sweet Peas  
 Organic Seasonal Fresh Fruit

V: Veggie "Meat" Sloppy Joe

7

Oven Baked Cheese Pizza  
 Mixed Greens Salad w/ Ranch  
 Organic Seasonal Fresh Fruit

10

Fettuccine Alfredo w/ Grilled Chicken  
 Organic Oven Roasted Baby Carrots  
 Wheat Roll  
 Organic Seasonal Fresh Fruit

V: Fettuccine Alfredo

11

Parmesan Crusted Tilapia w/ Mashed Potatoes  
 Organic Sweet Peas  
 Sliced Pita Brea's  
 Organic Seasonal Fresh Fruit

V: Grilled Cheese

12

Turkey & Cheddar Hoagie  
 Italian Pasta Salad w/ Organic Diced Tomatoes, Celery, and Fresh Parmesan  
 Organic Seasonal Fresh Fruit

V: Sunbutter & Jelly Sandwich

13

Buttermilk Waffles w/ Organic Agave Syrup  
 Oven Baked Chicken Tenders  
 Potatoes O'Brien  
 Organic Seasonal Fresh Fruit

V: Veggie Nuggets

14

Oven Baked Cheese Pizza  
 Mixed Greens Salad w/ Ranch  
 Organic Seasonal Fresh Fruit

17

Chicken Teriyaki Fried Rice w/ Mixed Veggies  
 Organic Crinkle Cut Carrots  
 Wheat Roll  
 Organic Seasonal Fresh Fruit

V: Veggie "Chicken" Teriyaki Fried Rice

18

Beef Cheeseburger  
 French Fries  
 Organic Mixed Veggies  
 Organic Seasonal Fresh Fruit

V: Veggie Burger

19

Macaroni & Cheese w/ Grilled Chicken  
 Organic Sweet Peas  
 Wheat Roll  
 Organic Seasonal Fresh Fruit

V: Macaroni & Cheese

20

Chicken Fajita Soft Tacos  
 Spanish Rice  
 Refried Beans  
 Organic Seasonal Fresh Fruit

V: Cheese Quesadilla

21

Oven Baked Cheese Pizza  
 Mixed Greens Salad w/ Ranch  
 Organic Seasonal Fresh Fruit

24

Chicken & Spinach Rigatoni Pasta w/ Mozzarella  
 Organic Green Beans  
 Wheat Roll  
 Organic Seasonal Fresh Fruit

V: Spinach Rigatoni Pasta w/ Marinara

25

Jambalaya w/ Diced Chicken  
 Organic Crinkle Cut Carrots  
 Cornbread  
 Organic Seasonal Fresh Fruit

V: Jambalaya w/ Veggie "Chicken"

26

Parmesan Crusted Tilapia w/ Mashed Potatoes  
 Organic Buttered Corn  
 Sliced Pita Bread  
 Organic Seasonal Fresh Fruit

V: Grilled Cheese

27

Broccoli & Cheese Casserole w/ Diced Chicken  
 Organic Sweet Peas  
 Wheat Roll  
 Organic Seasonal Fresh Fruit

V: Broccoli & Cheese Casserole

28

Oven Baked Cheese Pizza  
 Mixed Greens Salad w/ Ranch  
 Organic Seasonal Fresh Fruit

**SIGN UP NOW TO ORDER SCHOOL LUNCHES!**

[WWW.LUNCHDIRECT.COM](http://WWW.LUNCHDIRECT.COM)

SCHOOL CODE: **206250**

**\*\*\*NEW ALTERNATIVE MENU\*\*\***

Each day your child will get a choice between two alternative entrées.  
 Either **A: Grilled Cheese** or **B: Toasted Turkey & Cheese Sandwich**.

These alternative items will replace the entrée for the day; all sides will remain the same.

