

Lunch orders must be placed through Lunch Direct by **Wednesday** for the following week.

# MARCH 2021

## MONTESSORI HOUSE FOR CHILDREN

Lunches Provided By:  
Roadrunner Foods  
(p) 281-565-7902  
(f) 281-565-7904  
RoadrunnerFoodService.com

### Monday

1

Oven Baked Breaded Flounder  
Mashed Potatoes  
Organic Green Beans  
Organic Seasonal Fresh Fruit

V: Veggie Nuggets

### Tuesday

2

Fettuccine Alfredo w/ Grilled Chicken  
Organic Oven Roasted Baby Carrots  
Wheat Roll  
Organic Seasonal Fresh Fruit

V: Fettuccine Alfredo

### Wednesday

3

Beef Burger w/ American Cheese  
Oven Baked French Fries  
Organic Sweet Peas  
Organic Seasonal Fresh Fruit

V: Veggie Burger

### Thursday

4

Chicken Teriyaki Fried Rice w/ Mixed Veggies  
Organic Crinkle Cut Carrots  
Wheat Roll  
Organic Seasonal Fresh Fruit  
V: Teriyaki Fried Rice w/ "Veggie" Chicken

### Friday

5

Oven Baked Cheese Pizza  
Mixed Greens Salad w/ Ranch  
Organic Seasonal Fresh Fruit

8

Buttermilk Waffles w/ Syrup  
Oven Baked Chicken Tenders  
Potatoes O'Brien  
Organic Seasonal Fresh Fruit

V: Veggie Nuggets

9

Chicken Fajita Soft Taco w/ Bell Peppers & Monterey Jack Cheese  
Spanish Rice w/ Organic Mixed Veggies  
Refried Beans  
Organic Seasonal Fresh Fruit  
V: Bean & Cheese Roll-Up

10

Parmesan Crusted Tilapia  
Loaded Mashed Potatoes  
Organic Peas & Carrots Mix  
Organic Seasonal Fresh Fruit

V: Veggie Nuggets

11

Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken & Broccoli  
Organic Buttered Corn  
Wheat Roll  
Organic Seasonal Fresh Fruit  
V: Bow Tie Pasta w/ Veggie "Chicken"

### FULL DAY ATTEND ONLY 12

Oven Baked Cheese Pizza  
Mixed Greens Salad w/ Ranch  
Organic Seasonal Fresh Fruit

### FULL DAY ATTEND ONLY 15

Cheesy Broccoli & Rice Casserole w/ Chicken  
Wheat Roll  
Organic Mixed Veggies  
Organic Seasonal Fresh Fruit

V: Cheesy Broccoli & Rice Casserole

### FULL DAY ATTEND ONLY 16

Macaroni & Cheese w/ Grilled Chicken  
Organic Sweet Peas  
Wheat Roll  
Organic Seasonal Fresh Fruit

V: Macaroni & Cheese

### FULL DAY ATTEND ONLY 17

Grilled Turkey & Cheddar Melt  
Oven Roasted Red Potatoes  
Organic Green Beans  
Organic Seasonal Fresh Fruit

V: Grilled Cheese

### FULL DAY ATTEND ONLY 18

BBQ Chicken Leg  
Potatoes Au Gratin  
Organic Crinkle Cut Carrots  
Organic Seasonal Fresh Fruit

V: Cheesy Broccoli & Rice Casserole

### FULL DAY ATTEND ONLY 19

Oven Baked Cheese Pizza  
Mixed Greens Salad w/ Ranch  
Organic Seasonal Fresh Fruit

22

Penne Pasta w/ Beef Bolognese  
Organic Sweet Peas  
Wheat Roll  
Organic Seasonal Fresh Fruit

V: Penne Pasta w/ Marinara Sauce

23

Buttermilk Waffles w/ Syrup  
Oven Baked Chicken Tenders  
Potatoes O'Brien  
Organic Seasonal Fresh Fruit

V: Veggie Nuggets

24

Chicken & Cheese Quesadilla  
Spanish Rice w/ Organic Mixed Veggies  
Refried Beans  
Organic Seasonal Fresh fruit

V: Cheese Quesadilla

25

Beef Burger w/ American Cheese  
Macaroni & Cheese  
Organic Green Beans  
Organic Seasonal Fresh Fruit

V: Veggie Burger

26

Oven Baked Cheese Pizza  
Mixed Greens Salad w/ Ranch  
Organic Seasonal Fresh Fruit

29

Oven Baked Chicken Tenders  
Mashed Sweet Potatoes  
Organic Green Beans  
Organic Seasonal Fresh Fruit

V: Veggie Nuggets

30

Baked Chicken Breast  
Steamed White Rice  
Organic Mixed Veggies  
Organic Cinnamon Baked Peaches

V: Veggie "Chicken" Strips

31

Turkey & Cheddar Cheese Tortilla Wrap w/ Lite Ranch  
Pretzels w/ Cheese Cubes  
Organic Seasonal Fresh Fruit

V: Sunbutter & Jelly Sandwich

**SIGN UP NOW TO ORDER SCHOOL LUNCHES!**

[WWW.LUNCHDIRECT.COM](http://WWW.LUNCHDIRECT.COM)

SCHOOL CODE: **206250**

### \*\*\*NEW ALTERNATIVE MENU\*\*\*

Each day your child will get a choice between three alternative entrées. Either **A: Grilled Cheese** **B: Cheesy Chicken, Broccoli, & Rice Casserole** or **C: Oven Baked Chicken Tenders**. These alternative items will replace the entrée for the day; all sides will remain the same.

**\*All menu items are subject to change without notice due to availability, freshness, and quality of ingredients\***

