

Lunch orders must be placed through Lunch Direct by **Wednesday** for the following week.

Lunches Provided By:

MAY 2022

MONTESSORI HOUSE FOR CHILDREN

Roadrunner Foods

(p) 281-565-7902

www.RoadrunnerFoodService.com

Monday

2

Beef Cheeseburger on a Whole Wheat Bun
Mashed Potatoes
Organic Sweet Peas
Cinnamon Baked Apples
V: Veggie Burger

Tuesday

3

Chicken Teriyaki Fried Rice w/ Mixed Veggies
Organic Crinkle Cut Carrots
Hawaiian Roll
Organic Seasonal Fresh Fruit
V: Teriyaki Fried Rice w/ Veggie "Chicken"

Wednesday

4

Spaghetti w/ Beef Meat Sauce
Organic Green Beans
Dinner Roll
Organic Seasonal Fresh Fruit
V: Spaghetti w/ Veggie "Meat" Sauce

Thursday

5

Baked Chicken Tenders
Potatoes Au Gratin
Organic Steamed Broccoli
Organic Seasonal Fresh Fruit
V: Veggie Nuggets

Friday

6

Cheese Pizza
Organic Buttered Corn
Cinnamon Baked Apples

9

Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken & Broccoli
Organic Oven Roasted Baby Carrots
Dinner Roll
Organic Seasonal Fresh Fruit
V: Bow Tie Pasta w/ Veggie "Chicken"

Breakfast For Lunch!

10

Buttermilk Waffle w/ Agave Syrup
Turkey Sausage Patty
Potatoes O'Brian w/ Organic Tri-Colored Bell Peppers
Organic Seasonal Fresh Fruit
V: Veggie Sausage Patty

11

Ground Beef Soft Tacos w/ Monterey Jack Cheese
Spanish Rice w/ Organic Mixed Veggies
Refried Beans
Organic Seasonal Fresh Fruit
V: Bean & Cheese Taco

12

Grilled Chicken Sandwich on a Whole Wheat Bun
Crispy Baked Tater Tots
Organic Peas & Carrots Blend
Organic Seasonal Fresh Fruit
V: Veggie Burger

13

Cheese Pizza
Organic Green Beans
Cinnamon Baked Apples

16

Baked Chicken Tenders
Macaroni & Cheese
Organic Mixed Veggies
Organic Seasonal Fresh
V: Veggie Nuggets

17

Beef Meatballs w/ Brown Gravy over Mashed Potatoes
Organic California Veggie Blend
Hawaiian Roll
Organic Seasonal Fresh
V: Veggie Meatballs

18

Fettucine Alfredo w/ Grilled Chicken
Organic Oven Roasted Baby Carrots
Dinner Roll
Organic Seasonal Fresh
V: Fettucine Alfredo

19

BBQ Chicken Sandwich on a Whole Wheat Bun
Veggie Baked Beans
Organic Buttered Corn
Organic Seasonal Fresh Fruit
V: Veggie BBQ "Chicken"

EARLY RELEASE

20

Cheese Pizza
Organic Sweet Peas
Cinnamon Baked Apples

FULL DAY ATTEND ONLY

23

Chicken & Spinach Rigatoni Pasta w/ Marinara Sauce
Organic Green Beans
Dinner Roll
Organic Seasonal Fresh Fruit
V: Spinach Rigatoni Pasta w/ Marinara

FULL DAY ATTEND ONLY

24

Breakfast For Lunch!

Buttermilk Waffles w/ Agave Syrup
Turkey Sausage Patty
Potatoes O'Brian w/ Organic Tri-Colored Bell Peppers
Organic Seasonal Fresh Fruit
V: Veggie Sausage Patty

FULL DAY ATTEND ONLY

25

Ground Beef Sloppy Joe on a Whole Wheat Bun
Crispy Baked Tater Tots
Organic Crinkle Cut Carrots
Organic Seasonal Fresh Fruit
V: Veggie "Meat" Sloppy Joe

FULL DAY ATTEND ONLY

26

Chicken Fajita Soft Tacos w/ Monterey Jack Cheese & Tri-Colored Bell Peppers
Spanish Rice w/ Organic Mixed Veggies
Refried Beans
Organic Seasonal Fresh Fruit
V: Bean & Cheese Taco

FULL DAY ATTEND ONLY

27

Cheese Pizza
Organic Steamed Broccoli
Cinnamon Baked Apples

30

**MEMORIAL DAY
NO SCHOOL**

SUMMER SESSION I STARTS

31

Chicken Teriyaki Fried Rice w/ Mixed Veggies
Organic Crinkle Cut Carrots
Hawaiian Roll
Organic Seasonal Fresh Fruit
V: Teriyaki Fried Rice w/ Veggie "Chicken"



SIGN UP NOW TO ORDER SCHOOL LUNCHES!

WWW.LUNCHDIRECT.COM

SCHOOL CODE: 206250

Each day your child will get a choice between three alternative entrées.

Either **A: Grilled Cheese** **B: Cheesy Chicken, Broccoli, & Rice Casserole**

C: Oven Baked Chicken Tenders. These alternative items will replace the entrée for the day; all sides will remain the same.

All menu items are subject to change without notice due to availability, freshness, and quality of ingredients