Lunch orders must be placed through Lunch Direct by <u>Wednesday</u> for the following week.

JANUARY 2023

MONTESSORI HOUSE FOR CHILDREN

Lunches Provided By:

Roadrunner Foods

(p) 281-565-7902

www.RoadrunnerFoodService.com

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Monday	Tuesday	Wednesday	Thursday	Friday
2	Breakfast For Lunch! Mini Buttermilk Pancakes w/ Agave Syrup Potatoes O'Brien w/ Organic Tri-Colored Bell Peppers Turkey Sausage Patty Organic Seasonal Fresh Fruit V: Veggie "Sausage" Patty	4 BBQ Chicken w/ Mashed Potatoes Organic Green Beans Hawaiian Roll Organic Seasonal Fresh Fruit V: Veggie BBQ "Chicken"	5 Arroz Con Pollo (Yellow Rice w/ Chicken & Veggies) Organic Crinkle Cut Carrots Dinner Roll Organic Seasonal Fresh Fruit V: Yellow Rice w/ Veggie "Chicken"	6 Oven Baked Cheese Pizza Organic Buttered Corn Cinnamon Baked Apples
9 Oven Baked Chicken Tenders Organic Peas & Carrots Blend Macaroni & Cheese Organic Seasonal Fresh Fruit V: Veggie Nuggets	10 Chicken Fajita Soft Tacos w/ Cheese & Tri-Colored Bell Peppers Spanish Rice w/ Organic Mixed Veggies Refried Beans Organic Seasonal Fresh Fruit V: Bean & Cheese Roll Up	Beef Burger w/ Cheddar Cheese Baked Tater Tots Organic Buttered Corn Organic Seasonal Fresh Fruit V: Veggie Burger	12 Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken & Broccoli Organic Oven Roasted Baby Carrots Dinner Roll Organic Seasonal Fresh Fruit V: Bow Tie Pasta w/ Veggie "Chicken"	13 Oven Baked Cheese Pizza Organic Green Beans Cinnamon Baked Apples
16 Hawaiian Turkey & Cheddar Cheese Sliders Mashed Potatoes Organic Mixed Veggies Organic Seasonal Fresh Fruit V: Grilled Cheese	Breakfast For Lunch! Buttermilk Waffles w/ Agave Syrup Potatoes O'Brien w/ Organic Tri-Colored Bell Peppers Turkey Sausage patty Organic Seasonal Fresh Fruit V: Veggie Sausage Patty	18 Grilled Chicken Sandwich Veggie Baked Beans Organic Green Beans Organic Seasonal Fresh Fruit V: Veggie "Chicken" Sandwich	19 Chicken & Spinach Rigatoni Pasta w/ Marinara Sauce Organic Buttered Corn Dinner Roll Organic Seasonal Fresh Fruit V: Spinach Rigatoni w/ Marinara Sauce	20 Oven Baked Cheese Pizza Organic Sweet Peas Cinnamon Baked Apples
23 Chicken Teriyaki Fried Rice w/ Mixed Vegetables Organic Crinkle Cut Carrots Dinner Roll Organic Seasonal Fresh Fruit V: Teriyaki Fried Rice w/ Veggie "Chicken	Ground Beef Soft Tacos w/ Monterey Jack Cheese Spanish Rice w/ Organic Mixed Veggies Refried Beans Organic Seasonal Fresh Fruit	25 Ground Beef Sloppy Joe Baked Tater Tots Organic Peas & Carrots Blend Organic Seasonal Fresh Fruit V: Veggie "Meat" Sloppy Joe	26 Oven Baked Chicken Tenders Loaded Mashed Potatoes Organic Green Beans Organic Seasonal Fresh Fruit V: Veggie Nuggets	27 Oven Baked Cheese Pizza Organic Buttered Corn Cinnamon Baked Apples
30 Penne Pasta w/ Beef Meat Sauce Organic Sweet Peas Dinner Roll Organic Seasonal Fresh Fruit V: Penne Pasta w/ Veggie "Meat" Sauce	Breakfast For Lunch! Mini Buttermilk Pancakes w/ Agave Syrup Potatoes O'Brien w/ Organic Tri-Colored Bell Peppers Turkey Sausage Patty Organic Seasonal Fresh Fruit V: Veggie "Sausage" Patty			

SIGN UP NOW TO ORDER SCHOOL LUNCHES! WWW. LUNCHDIRECT.COM SCHOOL CODE: 206250 *All me

Each day your child will get a choice between three alternative entrées. Either A: Grilled Cheese B: Cheesy Chicken, Broccoli, & Rice Casserole C: Oven Baked Chicken Tenders. These alternative items will replace the entrée for the day; all sides will remain the same. *All menu items are subject to change without notice due to availability, freshness, and quality of ingredients*