

Lunch orders must be placed through Lunch Direct by **Wednesday** for the following week.

# FEBRUARY 2023

## MONTESSORI HOUSE FOR CHILDREN

Lunches Provided By:  
**Roadrunner Foods**  
 (p) 281-565-7902  
[www.RoadrunnerFoodService.com](http://www.RoadrunnerFoodService.com)

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

		<p><b>1</b></p> <p>Chicken Fajita Soft Tacos w/ Cheese &amp; Tri-Colored Bell Peppers          Spanish Rice w/ Organic Mixed Veggies          Refried Beans          Organic Seasonal Fresh Fruit</p> <p>V: Bean &amp; Cheese Roll Up</p>	<p><b>2</b></p> <p>Arroz Con Pollo          (Yellow Rice w/ Chicken &amp; Veggies)          Organic Oven Roasted Baby Carrots          Hawaiian Roll          Organic Seasonal Fresh Fruit</p> <p>V: Yellow Rice w/ Veggie "Chicken"</p>	<p><b>3</b></p> <p>Oven Baked Cheese Pizza          Organic Green Beans          Cinnamon Baked Apples</p>
<p><b>6</b></p> <p>Hawaiian Turkey &amp; Cheddar Sliders          Mashed Potatoes          Organic Mixed Vegetables          Organic Seasonal Fresh Fruit</p> <p>V: Grilled Cheese</p>	<p><b>7</b></p> <p>Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken          Dinner Roll          Organic Oven Roasted Baby Carrots          Organic Seasonal Fresh Fruit</p> <p>V: Bow Tie Pasta w/ Veggie "Chicken"</p>	<p><b>8</b></p> <p>Beef Burger w/ Cheddar Cheese          Veggie Baked Beans          Organic Buttered Corn          Organic Seasonal Fresh Fruit</p> <p>V: Veggie Burger</p>	<p><b>9</b></p> <p>Oven Baked Chicken Tenders          Scalloped Potatoes          Organic Green Beans          Organic Seasonal Fresh Fruit</p> <p>V: Veggie Nuggets</p>	<p><b>10</b></p> <p>Oven Baked Cheese Pizza          Organic Sweet Peas          Cinnamon Baked Apples</p>
<p><b>13</b></p> <p>Chicken &amp; Spinach Rigatoni Pasta w/ Marinara Sauce          Organic Crinkle Cut Carrots          Dinner Roll          Organic Seasonal Fresh Fruit</p> <p>V: Spinach Rigatoni w/ Marinara Sauce</p>	<p><b>Breakfast For Lunch!</b> <b>14</b></p> <p>Buttermilk Waffles w/ Agave Syrup          Potatoes O'Brien w/ Organic Tri-Colored Bell Peppers          Turkey Sausage patty          Organic Seasonal Fresh Fruit</p> <p>V: Veggie Sausage Patty</p>	<p><b>15</b></p> <p>BBQ Chicken W/ Mashed Potatoes          Organic Green Beans          Hawaiian Roll          Organic Seasonal Fresh Fruit</p> <p>V: Veggie "Chicken" Strips w/ BBQ Sauce</p>	<p><b>16</b></p> <p>Ground Beef Soft Tacos w/ Monterey Jack Cheese          Spanish Rice w/ Organic Mixed Veggies          Refried Beans          Organic Seasonal Fresh Fruit</p> <p>V: Bean &amp; Cheese Roll Up</p>	<p><b>17</b></p> <p>Oven Baked Cheese Pizza          Organic Buttered Corn          Cinnamon Baked Apples</p>
<p><b>FULL DAY ATTEND ONLY</b> <b>20</b></p> <p>Penne Pasta w/ Beef Meat Sauce          Organic Green Beans          Dinner Roll          Organic Seasonal Fresh Fruit</p> <p>V: Penne Pasta w/ Marinara Sauce</p>	<p><b>21</b></p> <p>Chicken Teriyaki Fried Rice w/ Mixed Veggies          Organic Crinkle Cut Carrots          Hawaiian Roll          Organic Seasonal Fresh Fruit</p> <p>V: Teriyaki Fried Rice w/ Veggie "Chicken"</p>	<p><b>22</b></p> <p>Grilled Chicken Sandwich          Mashed Potatoes          Organic Buttered Corn          Organic Seasonal Fresh Fruit</p> <p>V: Veggie "Chicken" Sandwich</p>	<p><b>23</b></p> <p>Hawaiian Turkey &amp; Cheddar Sliders          Baked Tater Tots          Organic Peas &amp; Carrots Blend          Organic Seasonal Fresh Fruit</p> <p>V: Veggie Nuggets</p>	<p><b>EARLY RELEASE</b> <b>24</b></p> <p>Oven Baked Cheese Pizza          Organic Mixed Vegetables          Cinnamon Baked Apples</p>
<p><b>27</b></p> <p>Oven Baked Chicken Tenders          Macaroni &amp; Cheese          Organic Sweet Peas          Organic Seasonal Fresh Fruit</p> <p>V: Veggie Nuggets</p>	<p><b>Breakfast For Lunch!</b> <b>28</b></p> <p>Mini Buttermilk Pancakes w/ Agave Syrup          Potatoes O'Brien w/ Organic Tri-Colored Bell Peppers          Turkey Sausage Patty          Organic Seasonal Fresh Fruit</p> <p>V: Veggie "Sausage" Patty</p>			

**SIGN UP NOW TO ORDER SCHOOL LUNCHES!**

[WWW.LUNCHDIRECT.COM](http://WWW.LUNCHDIRECT.COM)

SCHOOL CODE: 206250

Each day your child will get a choice between three alternative entrées.

Either **A: Grilled Cheese** **B: Cheesy Chicken, Broccoli, & Rice Casserole**

**C: Oven Baked Chicken Tenders.** These alternative items will replace the entrée for the day; all sides will remain the same.

**\*All menu items are subject to change without notice due to availability, freshness, and quality of ingredients\***