

Lunch orders must be placed through Lunch Direct by **Wednesday** for the following week.

Lunches Provided By:

Roadrunner Foods
(p) 281-565-7902
www.RoadrunnerFoodService.com

MAY 2023

MONTESSORI HOUSE FOR CHILDREN

Monday

Tuesday

Wednesday

Thursday

Friday

NEW ITEM!

1

Chicken Parmesan Pasta Bake
Organic Peas & Diced Carrots Blend
Dinner Roll
Organic Seasonal Fresh Fruit

V: Spaghetti w/ Marinara Sauce & Mozzarella

Breakfast For Lunch!

2

Buttermilk Waffles w/ Agave Syrup
Potatoes O'Brien
Turkey Sausage patty
Organic Seasonal Fresh Fruit

V: Veggie Sausage Patty

3

Rosemary Lemon Chicken Breast w/
Mashed Potatoes
Organic Green Beans
Hawaiian Roll
Organic Seasonal Fresh Fruit
V: Veggie Chicken Strips

4

Oven Baked Chicken Tenders
Potatoes Au Gratin
Organic Mixed Vegetables
Organic Seasonal Fresh Fruit

V: Veggie Nuggets

5

Oven Baked Cheese Pizza
Organic Crinkle Cut Carrots
Cinnamon Baked Apples

8

Hawaiian Turkey & Cheddar Sliders
Mashed Potatoes
Organic Sweet Peas
Organic Seasonal Fresh Fruit

V: Grilled Cheese

9

Bow Tie Pasta in a Lemon Butter Sauce
w/ Grilled Chicken & Broccoli Bits
Organic Oven Roasted Baby Carrots
Dinner Roll
Organic Seasonal Fresh Fruit
V: Bow Tie Pasta w/ Veggie Chicken

10

Beef Burger w/ Cheddar Cheese
Oven Baked Tater Tots
Organic Green Beans
Organic Seasonal Fresh Fruit

V: Veggie Burger

11

NEW ITEM!
Fiesta Bowl!
(Spanish Rice w/ Diced Chicken & Monterey Jack Cheese)
Black Beans
Organic Buttered Corn
V: Fiesta Bowl w/ Veggie Chicken

12

Oven Baked Cheese Pizza
Organic Peas & Diced Carrots Blend
Cinnamon Baked Apples

15

Penne Pasta w/ Beef Meat Sauce
Organic Green Beans
Dinner Roll
Organic Seasonal Fresh Fruit

V: Penne Pasta w/ Marinara Sauce

16

Breakfast For Lunch!
Mini Buttermilk Pancakes w/ Agave Syrup
Potatoes O'Brien
Turkey Sausage Patty
Organic Seasonal Fresh Fruit

V: Veggie "Sausage" Patty

17

Grilled Chicken Sandwich
Veggie Baked Beans
Organic Buttered Corn
Organic Seasonal Fresh Fruit

V: Veggie "Chicken" Sandwich

18

Chicken Teriyaki Fried Rice w/ Mixed Veggies
Organic Oven Roasted Baby Carrots
Hawaiian Roll
Organic Seasonal Fresh Fruit
V: Chicken Fried Rice w/ Veggie Chicken

19

EARLY RELEASE
Oven Baked Cheese Pizza
Organic Mixed Vegetables
Cinnamon Baked Apples

22

FULL DAY ATTEND ONLY
Chicken & Spinach Rigatoni Pasta w/ Marinara Sauce
Organic Sweet Peas
Dinner Roll
Organic Seasonal Fresh Fruit
V: Rigatoni Pasta w/ Spinach & Marinara

23

FULL DAY ATTEND ONLY
Ground Beef Soft Taco w/ Monterey Jack Cheese
Spanish Rice w/ Organic Mixed Veggies
Refried Beans
Organic Seasonal Fresh Fruit
V: Bean & Cheese Roll Up

24

FULL DAY ATTEND ONLY
Sliced BBQ Chicken Breast w/ Mashed Potatoes
Organic Buttered Corn
Hawaiian Roll
Organic Seasonal Fresh Fruit
V: BBQ Veggie "Chicken" Strips

25

FULL DAY ATTEND ONLY
Oven Baked Chicken Tenders
Macaroni & Cheese
Organic Green Beans
Organic Seasonal Fresh Fruit

V: Veggie Nuggets

26

Oven Baked Cheese Pizza
Organic Crinkle Cut Carrots
Cinnamon Baked Apples

29

MEMORIAL DAY

Summer Session

Breakfast For Lunch!

30

Buttermilk Waffles w/ Agave Syrup
Potatoes O'Brien
Turkey Sausage patty
Organic Seasonal Fresh Fruit

V: Veggie Sausage Patty

Summer Session

31

Ground Beef Sloppy Joe
Oven Baked Tater Tots
Organic Mixed Vegetables
Organic Seasonal Fresh Fruit

V: Sloppy Joe w/ Veggie "Meat"

SIGN UP NOW TO ORDER SCHOOL LUNCHES!
WWW.LUNCHDIRECT.COM
SCHOOL CODE: 206250

Each day your child will get a choice between our Main Entree, **Cold Turkey Hoagie Box Lunch**, and three alternative hot entrees. Either **A. Grilled Cheese Sandwich** **B: Cheesy Chicken Broccoli & Rice Casserole** **C: Oven Baked Chicken Tenders**. These hot alternative entrees will replace the main entree of the day; all sides will remain the same.
All menu items are subject to change without notice due to availability, freshness, and quality of ingredients