

Lunch orders must be placed through Lunch Direct by **Wednesday** for the following week.

# NOVEMBER 2023

## MONTESSORI HOUSE FOR CHILDREN

Lunches Provided By:  
**Roadrunner Foods**  
 (p) 281-565-7902  
[www.RoadrunnerFoodService.com](http://www.RoadrunnerFoodService.com)

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**6**  
 Hawaiian Turkey & Cheddar Cheese Sliders  
 Mashed Potatoes  
 Organic Mixed Veggies  
 Organic Seasonal Fresh Fruit  
 V: Grilled Cheese

**7**  
 Sliced BBQ Chicken Breast w/ Mashed Potatoes  
 Organic Buttered Corn  
 Dinner Roll  
 Organic Seasonal Fresh Fruit  
 V: Veggie BBQ "Chicken" Strips

**8**  
 Oven Baked Chicken Tenders  
 Macaroni & Cheese  
 Organic Green Beans  
 Organic Seasonal Fresh Fruit  
 V: Veggie Nuggets

**9**  
 Ground Beef Soft Taco w/ Monterey Jack Cheese  
 Spanish Rice w/ Organic Mixed Veggies  
 Refried Beans  
 Organic Seasonal Fresh Fruit  
 V: Bean & Cheese Roll Up

**10**  
 Oven Baked Cheese Pizza  
 Organic Peas & Diced Carrots Blend  
 Cinnamon Baked Apples

**13**  
 Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken & Broccoli Bits  
 Organic Oven Roasted Baby Carrots  
 Dinner Roll  
 Organic Seasonal Fresh Fruit  
 V: Bow Tie Pasta w/ Veggie Chicken

**Breakfast For Lunch! 14**  
 Mini Buttermilk Pancakes w/ Agave Syrup  
 Potatoes O'Brien w/ Organic Tri-Colored Bell Peppers  
 Turkey Sausage Patty  
 Organic Seasonal Fresh Fruit  
 V: Veggie "Sausage" Patty

**15**  
 Beef Burger w/ Cheddar Cheese  
 Veggie Baked Beans  
 Organic Sweet Peas  
 Organic Seasonal Fresh Fruit  
 V: Veggie Burger

**16**  
 Oven Baked Chicken Breast w/ Gravy  
 Mashed Potatoes  
 Organic Green Beans  
 Dinner Roll  
 Organic Seasonal Fresh Fruit  
 V: Veggie "Chicken" Strips w/ Gravy

**EARLY RELEASE 17**  
 Oven Baked Cheese Pizza  
 Organic Crinkle Cut Carrots  
 Cinnamon Baked Apples

**FULL DAY ATTEND ONLY 20**  
 Fettuccine Alfredo w/ Grilled Chicken  
 Organic Peas & Diced Carrots Blend  
 Dinner Roll  
 Organic Seasonal Fresh Fruit  
 V: Fettuccine Alfredo

**FULL DAY ATTEND ONLY 21**  
 Arroz Con Pollo  
 (Yellow Rice w/ Chicken & Veggies)  
 Organic Green Beans  
 Hawaiian Roll  
 Organic Seasonal Fresh Fruit  
 V: Yellow Rice w/ Veggie "Chicken"

**FULL DAY ATTEND ONLY 22**  
 Turkey & Cheddar Cheese Sliders  
 Sweet Potato Fries  
 Organic Mixed Veggies  
 Organic Seasonal Fresh Fruit  
 V: Grilled Cheese

**23**  
**HAPPY THANKSGIVING!**  
**SCHOOL CLOSED**

**24**  
**SCHOOL CLOSED**

**27**  
 Penne Pasta w/ Beef Meat Sauce  
 Organic Sweet Peas  
 Dinner Roll  
 Organic Seasonal Fresh Fruit  
 V: Penne Pasta w/ Veggie "Meat" Sauce

**Breakfast For Lunch! 28**  
 Buttermilk Waffles w/ Agave Syrup  
 Potatoes O'Brien w/ Organic Tri-Colored Bell Peppers  
 Turkey Sausage patty  
 Organic Seasonal Fresh Fruit  
 V: Veggie Sausage Patty

**29**  
 Chicken Fajita Soft Tacos w/ Monterey Jack Cheese  
 Spanish Rice w/ Organic Mixed Veggies  
 Refried Beans  
 Organic Seasonal Fresh Fruit  
 V: Bean & Cheese Roll Up

**30**  
 Oven Baked Chicken Tenders  
 Scalloped Potatoes  
 Organic Green Beans  
 Organic Seasonal Fresh Fruit  
 V: Veggie Nuggets



**SIGN UP NOW TO ORDER SCHOOL LUNCHES!**

[WWW.LUNCHDIRECT.COM](http://WWW.LUNCHDIRECT.COM)

SCHOOL CODE: **206250**

Each day your child will get a choice between our Main Entree, **Cold Turkey Hoagie Box Lunch**, and three alternative hot entrees. Either **A. Grilled Cheese Sandwich** **B: Cheesy Chicken Broccoli & Rice Casserole** **C: Oven Baked Chicken Tenders**. These hot alternative entrees will replace the main entree of the day; all sides will remain the same.

**\*All menu items are subject to change without notice due to availability, freshness, and quality of ingredients\***